

FIND YOUR FIT THIS FALL!

PREMIUM PROGRAMS SPECIAL OFFER



Explore new ways to get fit and have fun! Unlock a healthier, stronger you with our group Premium Fitness Programs, led by our expert instructors.

Register for two or more Premium Fitness Programs &

**RECEIVE ONE-MONTH FREE GENERAL MEMBERSHIP*
FOR THE COLUMBUS CENTRE ATHLETIC CLUB!**

Programs include:

Yoga

Mindful Meditation

Pilates

Judo

Non-Contact Boxing

Living Well & Wise

TRX®

Women's Self Defence

Aquafit Classes

REGISTER TODAY! VillaCharities.com/athletics

For more information email fitness@villacharities.com or call 416-789-7011 ext. 217

*Conditions apply. This offer cannot be combined with any other offer and has no cash value. Available to new or current General and Health Club Members and Non-Members who register for applicable Premium Fitness Programs between September 23 and October 27, 2024. Class cost will be prorated. See Athletic Club Associate or contact the Membership Office for details.

 **columbus
villa centre**

COLUMBUS CENTRE ATHLETIC CLUB

@ColumbusCentreAthleticClub