



June 21, 2024

Hello Villa Colombo Vaughan Community,

We extend our heartfelt gratitude to all the families who generously participated in our fundraising events. Your unwavering support and active involvement have been pivotal in making these initiatives successful. Together, we've not only raised funds but also fostered a sense of community spirit and camaraderie. Thank you for your invaluable contributions and dedication to our shared causes. We encourage you to check our monthly calendar and newsletter for more upcoming events and programs for yourselves and your loved ones to enjoy!

Outdoor Courtyards

We are excited to announce the opening of our garden and courtyard spaces for residents and families to enjoy this, Summer. Please ask your Casa's nurse to sign out the key for the access to the exterior gardens. We kindly ask that everyone be mindful that these are shared spaces and the vegetables that grow in the garden are for resident programs use only. It's crucial to remain vigilant about the effects of outdoor heat, especially for seniors, during warm days. Older adults are more susceptible to heat-related illnesses due to various factors such as decreased sweat production and reduced ability to regulate body temperature. To ensure their well-being, it's important to provide adequate shade, hydration, and regular breaks in cooler environments when spending time outdoors. The programs team will provide the residents refreshments when conducting outdoor programming to ensure our residents are safe. Additionally, keeping an eye out for signs of heat exhaustion or heat stroke, such as dizziness, confusion, and rapid heartbeat, is essential for early intervention and prevention of serious health

complications. Let's prioritize the safety and comfort of our seniors by taking proactive measures to mitigate the risks associated with high temperatures.

Summer Menu

When designing a summer menu for long-term care, it's essential to consider residents' dietary restrictions, preferences, and any special needs they may have. At Villa Colombo Vaughan, we are offering a variety of options that ensures that everyone can enjoy fresh, flavorful meals that contribute to their overall health and well-being. The summer menu underwent an approval process and was taste-tested by our Resident's Council. Their valuable feedback and insightful suggestions were instrumental in refining the menu to perfection before its official launch. We are thrilled to report an overwhelmingly positive response from both our residents and their families, who have enthusiastically embraced the exciting additions and delectable offerings of our new culinary lineup.

Air Conditioning

As the warmer months are ahead, we have turned the air condition on for the common areas and each resident's suite. Please be advised that each resident has two thermostats in their rooms: one for heat only (which are mostly enclosed in a plastic enclosure), and one for air conditioning only. We kindly ask that everyone seek assistance from the casa nurse or the charge nurse when wanting to adjust the air conditioning temperatures as the system can be sensitive at times and can reach very cold temperatures if not careful with the operation of the thermostat.

Infection, Prevention and Control Measures

Our ongoing commitment to you is that Villa Colombo Vaughan will be working with York Region Public Health and UniversalCare to ensure that we are doing all that we can to keep our residents, team members, and visitors safe.

All eligible seniors residing in long-term care homes may receive a COVID-19 vaccine if it has been six months from their last COVID-19 vaccine dose or a confirmed COVID-19 infection. Vaccination against Covid-19 will keep immunity levels high for all individual who are at high risk of developing severe Covid-19 infection and is important for individuals who did not receive a dose during the Fall 2023. Stay tuned for the more updates on the Spring 2024 Covid-19 vaccination campaign.

To ensure we are keeping our residents, staff and visitors safe, we ask that if you are experiencing any symptoms, to please stay home. Symptoms include fever, chills, trouble breathing, cough, runny nose, headache, nausea, vomiting, diarrhea, muscle aches/joint pains or decrease or loss of taste/smell. We ask that you stay home until you have no fever and that your symptoms (including those not listed), are improving for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

For extra measures (10 days after the start of symptoms) wear a well fitted mask in all public settings, avoid non-essential activities where you take off your mask, and do not visit people or settings at high risk. Should you have any infection, prevention and control questions, please reach out to Amandeep, IPAC Manager at vcvipacmanager@universalcareinc.ca.

Support from Leadership

Recently we reimplemented “Adopt A Casa” with the management team. Each manager will take ownership of demonstrating their presence, promptly reporting any maintenance issues, and addressing family concerns to the administration when necessary. By daily rounding, this initiative emphasizes proactive engagement and responsiveness from each manager, ensuring a supportive and responsive environment for both residents and their families. Kindly see below the Manager responsible for each casa. Should you have any questions or concerns, please do not hesitate to reach out.

Bratty - Ceferina, Assistant Director of Care -vcvassistdoc@universalcareinc.ca

DeGasperis - Daniella, Volunteer Coordinator – vcvvolunteercoord@universalcareinc.ca

Melatti - Simran, Social Worker – vcvsocialworker@universalcareinc.ca

Guglietti - Ameena, RAI Coordinator - Vcvraimds2@universalcareinc.ca

G&G - Amandeep, IPAC Manager - vcvipacmanager@universalcareinc.ca

Cicciolini - Angela, Programs Manager – vcvprogmanager@universalcareinc.ca

Thank you.

Anna Maria Urbanowicz

Administrator

Villa Colombo Vaughan