



October 2024

Hello Villa Colombo Vaughan Community,

As we welcome the month of October, we are filled with excitement and gratitude for the opportunities this month will bring. We look forward to the continued support and engagement of our Villa Colombo Vaughan community as we launch our Restorative Care Program and celebrate our upcoming events, including community leader visits, Thanksgiving and Halloween festivities. With the dedication of our staff, volunteers, and donors, we will continue to preserve and celebrate our Italian Canadian heritage, enriching the lives of all who call Villa Colombo Vaughan home.

Programs at VCV

Here at Villa Colombo Vaughan, we strive to make everyone feel right at home by encompassing the Italian heritage in our day-to-day programming. Meaningful programs are designed to meet our resident's physical, social, emotional, intellectual & spiritual needs. These programs are imbedded in our resident's daily living, providing activities seven days a week, including holidays. From Espresso Hour to Gardening, our team ensures to cater to what our residents' needs are & what they enjoy. Stay tuned each month to join in on the Italian Heritage based programming that brings the Villa Colombo Vaughan Community of residents, families, staff & volunteers together!

Programs at Villa Colombo Vaughan This month:

Thanksgiving Social- Join us for **Pumpkin Pie & Espresso in the Piazza** at **1:45 PM** to celebrate the season together with our residents!

Halloween & Birthday Party- We're hosting a **Halloween & Birthday Party** on **October 31st** with our entertainer **Fortunato**. Come dressed in your best costume and enjoy the festivities with us!

Special Visit from Community Leaders

On October 25th, 2024, Villa Colombo Vaughan will have the honour of welcoming the Honourable Minister of Long-Term Care, Natalia Kusendova-Bashta, along with Minister Stephen Lecce and Senator Consiglio Di Nino. They were joined by Marco DeVuono, President and CEO of Villa Charities, Anthony J. Messina, Chair of the Villa Colombo Vaughan Board, and Joseph Gulizia, President and CEO of UniversalCare.

We are proud to have these distinguished guests tour our facility, where they can learn about the exceptional care our staff provides to our residents. We are deeply grateful for their continued support and for the ongoing engagement from our community leaders!

Nursing Restorative and Rehabilitation Program

We are excited to introduce that our Restorative Care Program will officially begin on October 1, 2024. The program is designed to:

- **Maximize and maintain individual levels of function** for our residents.
- **Enable residents to retain their skills and independence.**
- **Focus on improving quality of life.**
- **Prevent declines** that could impact well-being and overall quality of life.

Each resident will have a personalized care plan that includes setting specific goals, establishing review dates, and working towards final outcomes within 4-6 weeks from the start of the program.

Infection, Prevention and Control Measures

Our ongoing commitment to you is that Villa Colombo Vaughan will be working with York Region Public Health and UniversalCare to ensure that we are doing all that we can to keep our residents, team members, and visitors safe.

To ensure we are keeping our residents, staff and visitors safe, we ask that if you are experiencing any symptoms, to please stay home. Symptoms include fever, chills, trouble breathing, cough, runny nose, headache, nausea, vomiting, diarrhea, muscle aches/joint pains or decrease or loss of taste/smell. We ask that you stay home until you have no fever and that your symptoms (including those not listed), are improving for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

For extra measures (10 days after the start of symptoms) wear a well fitted mask in all public settings, avoid non-essential activities where you take off your mask, and do not visit people or settings at high risk. Should you have any infection, prevention and control questions, please reach out to Ramandeep, acting IPAC Manager at vcvipacmanager@universalcareinc.ca.

Heating and Room Temperature

During the winter months, we prioritize maintaining a comfortable and warm environment for all residents. Each room is equipped with adjustable heating controls, allowing temperatures to be set according to individual preferences.

We kindly ask that everyone seek assistance from the casa nurse or the charge nurse when wanting to adjust the room temperatures as the system can be sensitive at times and can reach unintentional temperatures if not careful with the operation of the thermostat.

Winter Menu

When designing a winter menu for long-term care, it's essential to consider residents' dietary restrictions, preferences, and any special needs they may have. At Villa Colombo Vaughan, we are offering a variety of options that ensures that everyone can enjoy fresh, flavorful meals that contribute to their overall health and well-being while being seasonal favorites. The winter menu underwent an approval process and was taste-tested by our Resident's Council. Their valuable feedback and insightful suggestions were instrumental in refining the menu to perfection before its official launch. We are thrilled to report an overwhelmingly positive response from both our residents and their families, who have enthusiastically embraced the exciting additions and delectable offerings of our new culinary lineup.

Volunteering

Volunteering is a wonderful way to make a meaningful difference in someone's life. If you're looking to brighten up the day of one of our residents, consider becoming a volunteer!

Volunteers have the opportunity to assist with programs such as: Bingo, Music Socials, Special Events, Baking, Outings, and friendly visiting! Your time, kindness, and compassion can have a lasting impact. To get involved, please contact Daniella, our volunteer coordinator, who will be happy to guide you through the process and help you make a positive contribution.

(289)202-2222 ext. 309 | vcvvolunteercoord@universalcareinc.ca

Resident Council at Villa Colombo Vaughan

The Resident Council at Villa Colombo Vaughan is truly "for the residents, by the residents." This essential forum provides our residents with the opportunity to voice their ideas, express concerns, and advocate for each other. Through collaboration, the Council ensures every resident's perspective is heard, fostering a supportive, community-driven environment. The Council plays a key role in enhancing the quality of life for all residents, with their collective input helping to shape our long-term care setting.

Support Villa Colombo Vaughan

At Villa Colombo Vaughan, we believe it truly takes a village to support a family. We are incredibly grateful to have you as a part of our community.

As a not-for-profit home, we rely on the generous donations of our supporters to enhance the unique Italian cultural care we provide. Donations help support everything from supplies to initiatives that improve the quality of life for our residents.

If you would like to contribute, we kindly ask that you select Villa Colombo Vaughan in the drop-down menu when making your donation through Villa Charities Foundation website, [here](#).

Thank you for being an integral part of the Villa Colombo Vaughan family. Your support helps make a difference every day!

Sincerely,

Sam Parisi

Acting Administrator

Villa Colombo Vaughan